



Greetings from my home office to yours! Who knew that Zoom would be a major motivator to shave or put on make-up? I hope all of you are finding the skills as well as the will to connect with your Family & Consumer Science (FCS) secondary students, your university FCS students or your FCS teachers. I have been very impressed with what I am seeing on social media and hearing from various FCS professionals on how as a profession, FCS has really stepped up to the challenge. We are all seeing how our commitment to teaching career skills AND foundational skills for home are paying off.

The President of Goodheart-Wilcox, John Flanagan, published a letter on **April 10** that does a really nice job of capturing the sentiment of how important FCS knowledge and skills are during this time in history:

FCS Delivers Critical Family Skills

In response to the “shelter-in-place” mandates to prevent the spread of the COVID-19 virus, the Family & Consumer Sciences (FCS) profession is uniquely equipped to provide instruction and set positive examples every individual should acquire to thrive in this new environment.

Everyone should be maintaining social distance, working remotely, and staying inside as much as possible to maintain their individual and family health. For the first time, family units are facing a new reality living in close quarters; preparing most of their meals; cleaning and sanitizing their environment; and caring for children, parents, grandparents, pets, and sometimes looking after neighboring seniors and others.

Members of the Family & Consumer Sciences community possess the knowledge and essential life skills to educate how individuals and family units will not only survive the shelter-in-place experience, but how to emerge stronger when the pandemic has passed and everyone enters the “new normal.”

Reach out to an FCS professional to learn Critical Family Skills in such areas as strengthening interpersonal relationships, learning about nutrition and meal preparation, improving child care and educational learning/teaching skills, mastering financial planning, understanding

those family members in various stages of their life span, and balancing living together while working remotely.

While we continue living together, until we exit the temporary sheltering-in-place environment to enter the “new normal”, reach out to an FCS professional to gain the Critical Family Skills every member of the household needs to acquire for a more productive, more fulfilling, and more harmonious life moving ahead.

The refreshed FCS Brand for today is: Delivering Critical Family Skills

John F. Flanagan | President | p: 708-623-1902 | www.g-w.com
G-W Goodheart-Willcox Publisher | Experts in Career and Technical Education

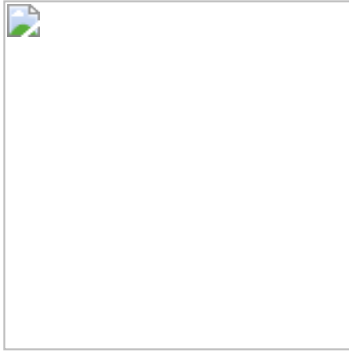
I agree with Mr. Flanagan that FCS content (knowledge and skills) are critical for our society, perhaps now more than ever. Thanks to Mr. Flanagan for his support of CTE and FCS education.

Were you able to attend the FCS Division Webinar? [Family & Consumer Sciences in a Time of Uncertainty: Maslow Before Bloom](#)

If not, check out the webinar as well as the webinar chat document that includes all the great links that were provided by the presenters! As shared in a previous e-blast, we have great online resources specific to FCS available on the [ACTE website](#). Also, get to know the new website, [FCSED.net](#) where resources for online courses, curriculum, branding and more are provided to assist us in recruiting, preparing and supporting FCS educators.

[COVID-19 Update and Student Trophy Design Contest Judging Opportunity](#)

ACTE is hosting a virtual discussion on **April 24 from 1:00-2:00 p.m. EST** for volunteers to hear a brief update on ACTE's public policy perspective of COVID-19 and for volunteers to get involved as a judge to the continuously growing Student Trophy Design Contest



Presenters:

- Alisha Hyslop, Director of Public Policy
- Megan Kmiotek, Director of Leadership & Awards
- Dominique Frascoia, Manager of Leadership Programs

[Join Zoom Meeting](#)

Meeting ID: 208 935 795

Password: ACTE2020

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[Find your local number.](#)

Additionally, we have an extra virtual discussion on online learning next week – please be sure to join us for this important discussion:

[Demonstrating Cooking Techniques Through Online Learning](#)

On **April 29 from 3:00-4:00 p.m. EST** Coleen Keffeler will be demonstrating cooking techniques and working with her Culinary Arts students through video conferencing examples of online learning during COVID-19.

Presenter: As a CTE Educator for 35 years, Coleen Keffeler holds a Master of Science degree in Home Economics and a Master of Education degree in Educational Leadership. She served as the ACTE President in 2007-2008 as well as serving on numerous committees at the state, region and national level. Keffeler was the 2002 ACTE Teacher of the Year and was inducted into the ACTE Region V Hall of Fame in 2015. She is a certified ProStart Instructor and ServSafe Instructor/Proctor.

[Join Zoom Meeting](#)

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Meeting ID: 920 3162 8612

[Find your local number](#)

ACTE Is Seeking Your Opinions, Best Practices and Experiences!

We are currently soliciting posts for the [Educators in Action Blog](#)! Do you have a story, best practice or opinion to share with fellow members? We're looking for writers to respond to our spring topics – the best-written posts may be featured in a future issue of *Techniques*! Send your posts to [Dominique Frascoia](#) today!

Virtual Discussions

Interested in leading a 45-minute, online conversation on a topic you're passionate about? We are currently seeking volunteers to sign up to lead Virtual CTE Discussions. More information on what hosting a discussion entails can be found on our [website](#).

Other News from the FCS Education World

FCS Division Awards

Do you have a fabulous colleague who should receive an award? We need your help in nominating professionals who are worthy of receiving FCS Division awards. The applications and information for the FCS Division awards may be found [here](#) and on the [ACTE website](#). Nominations are due by **Oct. 1**. Contact Natalie Hancock if you have questions about the FCS Division Awards, contact [Natalie Hancock](#), FCS Division Awards chair.



NATEFACS

Greetings from NATEFACS!

As you strive for safety and health in this time of uncertainty, I wish you strength and daily moments of joy with those around you.

Normally at this time, we would be planning time together for the upcoming AAFCS conference meeting. Since the meeting has been **canceled** please watch for news as to how we might convene to look at business for the group. I will reach out to the NATEFACS board members to discuss ideas.

The group is still focused on completing the updates on the competencies for the new teaching standards that were updated and approved last year. Watch for more news and opportunities for input. Additionally, we are still seeking a qualified associate editor for the *NATEFACS Journal*. An individual best suited for this role would have experience with academic writing and publications and would work directly with the editor to send manuscripts to reviewers and follow-up. Please contact [Nancy Shepherd](#) or Editor [Lorna Brown](#) for additional information.

Nancy Shepherd

Nancy Shepard, president of NATEFACS prepared these notes for the webinar regarding Online Learning:

Ways to empower our students include helping them with self-regulated learning. Students have the ability to control and be responsible for their academic achievement. Successful learners develop skills pertaining to motivation, setting goals, planning and contingency plans to take charge of their learning. Zimmerman and Risemberg (1997) identified six dimensions of

learning important to self-regulatory skills, motivation, methods of learning, use of time, physical environment, social environment and performance. Students using self-regulated learning successfully develop skills and strategies, such as self-talk to facilitate performance, reflection and monitoring practices to facilitate their own learning. Goal setting is a key factor in social and academic settings and has implications for learning environments. Students are taught to recognize problem situations and stop and rethink before acting.

RESOURCE:

Zimmerman, B.J., & Risemberg, R., (1997). Self-regulatory dimensions of academic learning and motivation. In G.D. Phye (Ed.), *Handbook of academic learning: Construction of knowledge*, pp. 105-125, San Diego, CA: Academic Press.

NASAFACS Is Now LEAD FCS Education

The National Association of State Administrators for Family and Consumer Sciences annual conference was held in Washington, D.C., **February 2-5**. During the annual business meeting, the membership voted to change the name of the organization to LEAD FCS Education. LEAD stands for Lead, Educate, Advocate and Develop Family and Consumer Sciences Education. The new organization will continue its same mission but with an action-oriented name to best describe the work they do as state leaders.

LEAD FCS Education is also excited by the work and service of FCS professionals across the country. To help identify this work and use this momentum to promote FCS, a survey has been created. Please [share the survey](#) with teachers and ask them to complete. The survey results will be used for promotion and press pieces to help communicate the critical need for FCS.

In an effort to provide high-quality instructional resources for e-learning, LEAD FCS Education has worked collaboratively with the National Partnership to Recruit, Prepare and Support Family and Consumer Sciences Educators to develop a [national curriculum library of resources](#), including a special section of e-learning resources.

Kristin Vest, President
Lead FCS Education

FCCLA

Here are some great resources provided by FCCLA that may be beneficial during this time of crisis!

[Put your mask on first.](#)

[Partner Resources](#)

Service Learning Projects

Due to the evolving health crisis, FCCLA's National Board of Directors has made the decision to change the 2020 National Leadership Conference (NLC) from an in-person conference to a virtual format. This year, FCCLA's NLC will be held virtually **July 7-9** with all information and resources to remain accessible for all registered attendees on the virtual platform through the end of August. Don't miss this amazing opportunity to make the [first-ever virtual NLC](#) a part of "Your Story" and kick-off FCCLA's 75th anniversary by experiencing keynote speakers, taking part in breakout sessions, exploring a virtual EXPO, participating in online networking events, and more! Please [click here](#) for more information and how you can get involved and participate.

AAFCS

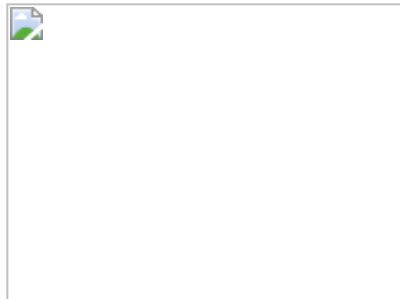
The AAFCS Board of Directors and staff have been working behind the scenes since the pandemic became the new reality to explore the right path forward for the 2020 Annual Conference and Expo. Together, they reviewed the results of a recent member survey with health and wellness as a top priority. On **April 15**, the AAFCS Board of Directors announced that the **2020 Annual Conference and Expo has been canceled**. They are exploring options to transition from an in-person conference to a virtual event. If you have questions, please [email](#).

[Learn more](#)

Infographic from ACTE-FCS Division Covid Response Webinar

Heather Jones, AAFCS 2019-2020 Teacher of the Year shared the infographic below at the ACTE-FCS Division Covid Response webinar, which you may find very helpful!





Special Populations Programming Survey

As states implement their new Perkins V plans and with the legislation's expanded [definition of special populations](#), the Special Population Section of ACTE's New & Related Services Division is requesting your feedback on your professional development needs. Please complete this [brief eight-question survey](#) or contact [Emily Sherwood](#) or [Marta Osuna](#), co-chairs of the Special Populations Section, with your ideas.

[Osuna](#), co-chairs of the Special Populations Section, with your ideas.

Complete the Special Populations survey

COVID-19 Online & Distance Learning Resources Growing

ACTE continues to update its compilation of online and distance learning resources that can supplement your school's official guidance and also includes information on how to access six free courses to prepare educators to teach online via CTE Learn.



Watch now

Access & Equity Ideas & Resources

ACTE is calling for content and your participation to showcase our collective dedication to Inclusion, Access,



INCLUSION, ACCESS, EQUITY & DIVERSITY

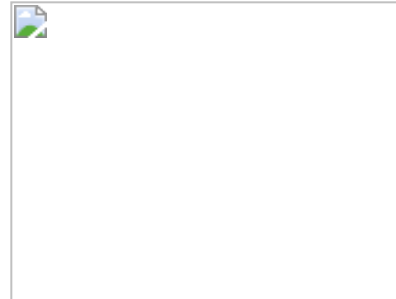
Equity and Diversity (IAED) by:

- Contributing resources to and submitting IAED speaker names for inclusion on the ACTE IAED website
- Recommending ideas for the IAED column that will be included in the 2020-2021 *Techniques* editorial cycle
- Referencing the Access and Equity element in the *Quality CTE Program of Study Framework* and encouraging your CTE colleagues to follow suit
- Signing up to be a part of ACTE's IAED Advisory Group

[Read more](#)

Deadline Extended for Student Trophy Design Contest

With many teachers adjusting to delivering instruction in an online environment, we have extended the deadline for the student trophy design contest to **June 30**. The winning trophy design will be 3D-printed by Stratasys and presented to the 10 national award winners at the 2020 ACTE Awards Gala on **Dec. 2** in Nashville, Tennessee. [Learn more](#)



Impact Awards — Deadline Extended

The ACTE Impact Awards recognize groups and individuals from the education, business and industry communities who contribute to the improvement, promotion and development of CTE. The deadline to apply for these two awards, the Business-Education Partnership Award and the Champion for CTE Award, has also been extended to **June 30**. [Read more](#)



Now Accepting Board Election Nominations

Interested in serving ACTE as a member of the board of directors? Applications for positions opened today and are due **June 15**. For more information, please see the guidelines for the board of directors nominations.

[Learn more](#)

Boutique Event for CTE Administrators

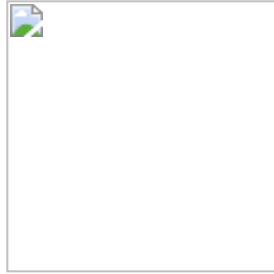
Happening **Oct. 7–9** in Cape Cod, North Falmouth, Massachusetts, ACTE's and NCLA's Best Practices and Innovations in CTE Conference will offer content-rich programming and networking to strengthen the field for CTE administrators of both secondary and postsecondary CTE programs and institutions. [Learn more](#)



Early Bird Registration for CareerTech VISION 2020 is Open

The premier event for CTE professionals, ACTE's CareerTech VISION offers unparalleled professional development, comprehensive CTE secondary and postsecondary programming, and stories of successful education and business collaborations. This year's event happens **Dec. 2–5** at the Gaylord Opryland Resort & Convention Center in Nashville, Tennessee. [Register today](#)

Take care and stay healthy, my FCS friends!



[Carol Werhan](#)

Family and Consumer Sciences Division Vice President
West Lafayette, Indiana

Association for Career and Technical Education

1410 King Street, Alexandria, VA 22314
703-683-3111

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