## ACTE IAED MENTORSHIP PROGRAM IMAGO WORKSHOPS

### January–August 2021

#### Who is IMAGO?

IMAGO is an emotional intelligence learning platform. Our mission is to prepare all learners, primarily in K-12 education, socially and emotionally for their careers, college, and their communities. To achieve this, we provide explicit online social and emotional learning (SEL) video lessons for learners , and professional development workshops and training (around SEL) for educators.

#### **Professional Development: 8 sessions**

Each session will be customized to focus on inclusion, access, equity and diversity (IAED) concepts. Participants can expect a fast-paced interactive workshop that touches on theory and focuses on practical tools and immediate application.





Learn more at acteonline.org/iaed-mentorship-program

# WORKSHOPS

## 1. Emotional Intelligence (EI) and the Future of Work (Why EI is at the core of IAED) and Fast Feedback (I $\Delta$ O)

#### Jan. 21, 2:00-4:00 p.m. PST

This workshop will cover research on the future of work, the challenges that current and upcoming workers will face as it relates to the impact of technology, and what employers, employees, educators, and students can do immediately to prepare and adapt to a developing technological environment. While the 4th Industrial Revolution is seen as one about new developments in tech and its disruption, we believe the 4th Industrial Revolution will be an age that incentivizes not only technical skills but our most humanly skills — social and emotional competencies and EI.

#### **5. Systems Thinking (for problem solving and perspective)**

#### May 20, 2:00-4:00 p.m. PST

Systems Thinking helps one to look at the world and problems around them in new ways. Attendees will identify different types of systems and their parts, become familiar with systems thinking as a problem tool, and identify and share ways to apply immediately.

#### 2. Communication Tools: Starting with Clarity/Empathy (Goat Race) and Equal Voice (24/7)

#### Feb. 16, 2:00-4:00 p.m. PST

In this workshop attendees will learn two tools: one to assist with quickly providing clarity of roles, rules, expectations, expected timeframe and identified topics for any type of engagement. The second will help with succinct communication where participants express their thoughts in a fixed time frame to ensure all participants an equal amount of time to be heard. These tools help build self- and social- and systems awareness.

## **3. Navigating the IMAGO Platform** (a tool for scaling IAED principles)

#### March 16, 2:00-4:00 p.m. PST

Attendees will learn the ins and outs of the IMAGO digital platform. We will cover content, functionality, certificates, and how to access and deliver 20 lessons that were curated for the ACTE IAED Mentorship Program to your students.

## **4. Values & Attitudes (the connection between values, attitudes, environment and behavior)**

#### April 20, 2:00-4:00 p.m. PST

Attendees will walk through an activity that helps with identifying their values, attitudes and behaviors. Then they will work together to understand how others' values may be similar but can be exhibited in completely different behaviors. This self- and social-awareness exercise is critical for the building of culture, whether with your colleagues or within the classroom.

#### 6. Brand Your Story (The Hero's Journey tool)

#### June 24, 2:00-4:00 p.m. PST

Learn how to share your story, using the classic template of "The Hero's Journey." By understanding the Hero's Journey structure, you can use that to put into perspective your own beginnings and endings, failures and successes, and developments and growth while learning others' journeys as well. While the stories in comics, books, film, and theatre have a clear beginning and ending, yours continue and change as you grow.

#### 7. Self-control (what, why, how)

#### July 20, 2:00-4:00 p.m. PST

We will mirror how to facilitate a digital lesson on self control. We will cover what it means to have self-control, why it's important to practice and how to improve one's own self-control while also considering the consequences before acting and making choices. We will use questions specific to IAED and will stoke deep and meaningful conversations.

#### 8. August Ethics (what, why, how) Aug. 26, 2:00–4:00 p.m. PST

We will mirror how to facilitate a digital lesson on ethics. During this workshop we will identify what ethics are and why they are important. We will discuss how to use ethics in your own decision making and how that can translate with your students. We will use questions specific to IAED and will stoke deep and meaningful conversations.