



**Family & Consumer Sciences in a Time of Uncertainty: Maslow Before Bloom**  
**Thursday, April 9, 1:00 p.m. EDT**

- 12:58:17      **From Debbie :** Hi friends - it's nice to see so many familiar faces! Hello from Colorado where it is spring today and supposed to be winter on Easter! :-)
- 12:59:19      **From Cynthia Grabelsky :** Hello Everyone from Coconut Creek.FL Cindy @ Broward Virtual School
- 12:59:51      **From Paige Wright :** Rachel Gonzalez and Becky Cox say hi! We are here!!
- 13:00:16      **From Lisa Stange :** Hello from sunny Iowa!
- 13:00:38      **From Laurali Masterson :** Hello from Western Kansas
- 13:00:40      **From Turgeson, Susan :** Good afternoon from Stevens Point, WI!
- 13:00:58      **From Sandra.Solger :** Chipley,Florida
- 13:01:16      **From Sheree Moser :** From Lincoln, NE
- 13:01:21      **From Janel Hays :** Hello from Cheyenne, WY
- 13:01:22      **From Debbie :** Thanks mucho to ACTE and all the Board members for providing this way to connect with each other by division!!!!!! :-)
- 13:01:25      **From Leah Brinker :** Hello from Michigan--we've had all 4 seasons already today!
- 13:01:30      **From susan nelson :** Hello from middle Georgia!
- 13:01:33      **From Danielle :** Hello from Mobile, Alabama!
- 13:02:00      **From Lark Higginbotham :** Hi! Lark from West Virginia.
- 13:02:26      **From moto z3 lolo :** Hello from northern Minnesota
- 13:02:50      **From Melissa Brown :** Hello from Brazil, Indiana
- 13:02:58      **From Sheri Gedlinske :** Hello from Apple Valley, MN...it's snowing!
- 13:03:15      **From Debbie :** Yay FCCLA National officers!!! :-)
- 13:03:24      **From Donna Bragg :** Hello from Easton, PA (I teach in Allentown, PA)
- 13:03:59      **From Jennifer Haines :** hello from Mifflinburg PA
- 13:04:04      **From Sara Neville :** Hello from Indianapolis, IN!
- 13:04:26      **From Sharon Meyers :** Hello from Carroll Iowa.
- 13:04:50      **From Paul.Farmelo :** Hello from McKean Pa
- 13:05:21      **From duncanjm :** Hello from K-State—Manhattan, KS!
- 13:05:22      **From Jackie Emmons :** Hello from Grayson, Georgia
- 13:05:28      **From melissawebb :** Hello from Sacramento, California!
- 13:05:33      **From Suzanne Neefe :** Hello from Hemingford, NE

13:05:50 **From Kristin Vest** : So excited to see so many amazing Nebraska teachers on the webinar!

13:06:09 **From bazilee** : Hello from Tampa, Florida

13:06:14 **From duncanjm** : Great to see K-State FCS Education students!!

13:06:21 **From DeannaRodriguez** : Hello from Havre Montana, and Rocky Boy High School, Rocky Boy, Montana

13:08:41 **From moto z3 lolo** : Community members here including a student are making masks

13:09:04 **From Stephen DeWitt** : If you have not seen them, ACTE has collected Distance Learning resources for CTE educators via the following link. Most are free and the others are reduced cost: <https://www.acteonline.org/professional-development/opportunities/distance-learning-resources/>

13:09:15 **From Debbie** : Yay for FCS/4-H sewing skills!

13:09:53 **From alyson** : That's a shout out to Indiana teachers

13:10:24 **From Turgeson, Susan** : FCS professional rise to the occasion in times of great need!

13:10:29 **From Hannah Mayo** : I just finished an online culinary class! We made cream puffs. Happy to say each student's turned out great!

13:11:11 **From Gayla Randel** : Kansas FCS Extension and FCS Education have partnered to address the teen who is now taking care of younger children. It's call "Suddenly In Charge". Just rolled out in Kansas yesterday. It has safety checklist, there will be weekly contact with the teens to cover safety, activities and easy recipes.

13:11:12 **From Debbie** : Such a good point, Sandy - if we don't nourish ourselves, it's hard to help others!

13:11:22 **From Christine Petras** : I have been involved in making & shipping over 600 masks to hospitals in 6 states - facilities in my community & just today 90 masks delivered to my local police department. I am a CTE Instructor and RN teaching CNA at East Ridge HS Clermont, FL

13:11:41 **From Turgeson, Susan** : Sounds like a great resource, Gayla!

13:11:46 **From Jackie Emmons** : I created a power point to host an April FCCLA meeting with the FCCLA form from National

13:11:55 **From duncanjm** : Very proud of the KS FCS and KSRE partnership to support young caregivers!

13:12:09 **From Sandy Spavone** :  
<https://fcclainc.org/sites/default/files/COVID%20Personal%20Care%20Newsletter%20InDesign%20Doc.pdf>

13:12:11 **From Stephen DeWitt** : As with any resource, please make sure that your state and local program approval processes are taken into consideration.

13:13:47 **From Turgeson, Susan** : Heather has her emotional support dog and personal assistant, Neville :)

13:14:12 **From Debbie** : And such a cutie Neville is! :-)

- 13:14:13 **From duncanjm** : Like FCS in the US, IFHE colleague around the world are responding to the needs of their students, communities, and families around the world.
- 13:14:59 **From Turgeson, Susan** : So important to remember everyone's situation and circumstances are unique
- 13:15:11 **From duncanjm** : From [www.ifhe.org](http://www.ifhe.org)
- 13:15:16 **From duncanjm** : Home Economics Subject Knowledge matters in COVID-19 response! Worldwide, people are staying at home to slow the pandemic. Especially now, the responsible management of resources at consumer and household level is essential to maintain a quality of life for all. Home Economics education addresses life skills such as healthy food & cooking skills, health & wellbeing, safe hygiene practices, sustainable diets, good use of resources, food storage techniques and many more. Through Home Economics, individuals and families are empowered to improve their every-day living. We are grateful that IFHE members around the globe continue their commitment to achieve healthy and sustainable living for all. Stay Safe!
- 13:15:28 **From moto z3 lolo** : Former student credited her sewing skills learned in high school with helping her make masks
- 13:15:46 **From Jackie Emmons** : Here is the link to my virtual meeting for April Again material was taken directly from the FCCLA Resource  
[https://docs.google.com/presentation/d/1cLvKxo\\_D-htHUqGWHg9Plut4ce-v6Gr-TztWAtI0Jl/edit?usp=sharing](https://docs.google.com/presentation/d/1cLvKxo_D-htHUqGWHg9Plut4ce-v6Gr-TztWAtI0Jl/edit?usp=sharing)
- 13:16:07 **From Christine Petras** : I have several students who have lost Aunts/Uncles healthcare workers in NY/NJ. Also, parent of my student a single mom RN overwhelmed with her job and distance learning with her three children. These situations have kept me mindful.
- 13:17:52 **From Heather Jones** :  
[https://drive.google.com/file/d/10Htok0XuT73HrZQViKHJcj7jN\\_SD6bp/view?usp=sharing](https://drive.google.com/file/d/10Htok0XuT73HrZQViKHJcj7jN_SD6bp/view?usp=sharing)
- 13:18:17 **From Heather Jones** : The link to the graphic shared earlier-  
[https://drive.google.com/file/d/10Htok0XuT73HrZQViKHJcj7jN\\_SD6bp/view?usp=sharing](https://drive.google.com/file/d/10Htok0XuT73HrZQViKHJcj7jN_SD6bp/view?usp=sharing)
- 13:18:39 **From Jackie Emmons** : I had a student whose grandmother passed... not from Covid but he administered CPR as she passed.. It has affected his performance on Digital Learning
- 13:20:27 **From Nancy Shepherd** : Partnerships with parents/teachers/students are so important. Teachers do not always understand the goals of the parents and likewise parents do not always understand the goals of the teachers so Tracey reaching out made a difference!!
- 13:20:51 **From Stephen DeWitt** : Thank you for sharing your resources and thoughts on this Chat about what FCS educators can do during this challenging time!
- 13:21:54 **From duncanjm** : Very glad that ACTE took the leadership to gather FCS education professionals from around the country. Thank you!

13:23:20 **From Debbie** : That's so awesome - sharing what you learned about financial management with others! :-)

13:24:25 **From duncanjm** : Less is more—Tracy, thanks for reminding us all of this important strategy!

13:25:03 **From Tmarroletti** : Brisa, missed that, what is your plan to cover your finance information? Are you doing a webinar? Or a you tube?

13:25:19 **From Turgeson, Susan** : Even our most capable students are struggling with the change due to loss of routines, structure, and the academic environment

13:25:52 **From Leah Brinker** : If you are on the "HyperDocs for FCS" facebook page, thanks for sharing your work! If you haven't joined the page, you may want to join for ideas to help students learn.

13:26:48 **From Debbie** : I want to play Quarantine Bingo!

13:26:54 **From Lori Tillger** : Hello from Luzerne, PA. Besides making lots of masks for the local hospitals. Remember the awesome cafeteria staff who are bagging 100's + of lunches for your students everyday!! Our faculty said thank you buying gift cards for them which supports local businesses.

13:26:55 **From Cari Ludwig** : That's a great idea!

13:27:02 **From Jessica** : love the bingo idea! It gamifies it for kids

13:27:04 **From LaKishia Shorter** : That's awesome

13:27:07 **From kim Stewart** : very cool Bingo lady

13:27:08 **From Nancy G** : This morning's Wall Street Journal has a list of 100 activities to do with children/kids of all ages.

13:27:10 **From teatherton@sgdragons.org** :  
<https://docs.google.com/document/d/1Hr0a80sxyNbRakhVFDyNd3jNc1SzGxAsSfkG0GadTRo/edit?usp=sharing>

13:27:22 **From Jackie Emmons** : I have posted "extra credit" recipes... if they make it and drop a picture into their google folder they get bonus points

13:27:52 **From mmalepsy** : Thank you!

13:27:57 **From Wendya** : Thanks Tracy. You are the queen of fun! Goo ideas.

13:28:02 **From Jackie Emmons** : thanks for the bingo

13:28:09 **From Suzanne Neefe** : Thanks for the student feedback.

13:28:50 **From kim Stewart** : [supercook.com](http://supercook.com)- free app to plug in what ingredients are in the cupboard and frig and the app will populate recipes for you

13:28:54 **From Sandy Spavone** : Shout out to Jean for her FCCLA face covering!

13:30:47 **From Debbie** : So glad pre-service teachers are getting to finish their requirements, because we need them as full-on teachers for the fall!

13:30:51 **From Sandy Spavone** : [dinner spinner](http://dinner spinner) is a great app too

13:31:21 **From Julianne** : Thanks! Off to another meeting (in Oregon)

13:32:28 **From Bev Card** : Thanks, good to stay connected. I've got another meeting.

13:34:53 **From duncanjm** : Nicole, great examples of assignments for students—reflect the FCS Ed commitment to experiential learning!

13:36:22 **From Miriam Humphrey** : Hillsborough County Public Schools (Tampa, FL area) have been using choice charts and they have been well received!

13:37:58 **From Debbie** : Great idea to give choices of assignments - allows a feeling of control when it seems like we've lost all control!

13:42:55 **From duncanjm** : Beginning each online Zoom class session with a check in, so that peers are aware of their fellow classmates' situations: builds empathetic connections.

13:43:12 **From duncanjm** : Socio-emotional learning is key!

13:44:01 **From Lola.Shipp** : Ever-fi has some great free lessons on digital literacy and Social Emotional Learning

13:44:16 **From Lola.Shipp** : <https://everfi.com/#>

13:44:23 **From Nicole Graves** : <https://www.commonsense.org/education/digital-citizenship>

13:44:43 **From Jessica** : Screen time is a concern of mine as well! I also have a 3rd grader at home on the spectrum. I try to keep that in mind for planning.

13:45:09 **From Debbie** : Amazing graphic, Heather - need to share with my 4th and 1st grade grands! :-)

13:46:08 **From ptubbs** : I love that graphic!

13:47:02 **From Heather Jones** : FCS Distance Learning Success graphic  
[https://drive.google.com/file/d/10Htok0XuT73HrZQViKHJcj7jN\\_SD6bp/view?usp=sharing](https://drive.google.com/file/d/10Htok0XuT73HrZQViKHJcj7jN_SD6bp/view?usp=sharing)

13:48:22 **From Lark Higginbotham** : Privacy is why we can't use Zoom with our students. Almost 65% of our students are in some type of foster care, mostly with grandparents or aunts and uncles.

13:49:27 **From Leah Brinker** : We were told to have the students turn off their video and only the teacher have video. In addition, have another teacher in the room too. We are not required to video with students. I am choosing not to video.

13:49:33 **From duncanjm** : Heather, loved the FCS distance learning graphic—the link connects to the first graphic you shared.

13:49:36 **From Kristin Vest** : <https://www.education.ne.gov/educational-technology/e-learning-days/>

13:49:53 **From Lisa Stange** : Thanks to Alyson for helping get this resource library together on quick notice. LEAD FCS Education has been working on this resource collection to keep quality resources that are tied to our National Standards that also align to our FCS Framework.

13:50:20 **From Heather Jones** : Let's try again - FCS Distance Learning Graphic  
[https://drive.google.com/file/d/1x5TEXVZGP-DSyS\\_af4RdwkcHGSHUm-ET/view?usp=sharing](https://drive.google.com/file/d/1x5TEXVZGP-DSyS_af4RdwkcHGSHUm-ET/view?usp=sharing)

13:50:24 **From Kristin Vest** : Depending on your state, these might be some helpful E-Learning resources. Additionally, there are resources for ALL content areas.

13:53:07 **From Turgeson, Susan** : Awesome partnerships!

13:55:09 **From Lisa Stange** : This survey can help us show our public value with hard data and stories.

13:55:39 **From Bonnie Wasberg** : SW Minnesota would love this.

13:55:43 **From Turgeson, Susan** : In addition to the anecdotes, it's so important to quantify the information and share!

13:55:57 **From alyson** : <https://www.surveymonkey.com/r/FCSResponse>

13:56:07 **From alyson** : <https://www.fcshed.net/support/support-curriculum>

13:56:09 **From duncanjm** : Excellent strategy to collect data on multiple FCS initiatives to address COVID-19!

13:56:15 **From alyson** : FCS Website <https://www.fcshed.net/support/support-curriculum>

13:56:33 **From alyson** : Survey: <https://www.surveymonkey.com/r/FCSResponse>

13:56:51 **From alyson** : Produce Website:  
<https://www.theproducemoms.com/2020/04/09/eat-like-a-brown-bear/>

13:57:16 **From alyson** : What hashtag everyone????? #FCSmatters

13:57:36 **From Diane Gibson** : Do you have a link to Dairy in Your Fridge challenge?

13:57:54 **From Gayla Randel** : FCS is very much connected to success skills through the Dept of Labor Personal Effectiveness Skills. And this is also reflected in the allowable Perkins funding spent on FCS programs which align to teaching employability skills...many of which are also identified as success skills.

13:57:56 **From duncanjm** : #bringFCShome

13:58:06 **From Gayla Randel** : Hashtag idea #FCSistheanswer

13:58:20 **From Martha Moore** : FCS in action is better than FCSmatters

13:58:30 **From Gayla Randel** : or #FCSisTHEanswer

13:58:38 **From nstandley** : #Value FCS

13:58:48 **From Kayla Godbey** : I like #FCSinaction!! :)

13:58:50 **From Brisa Hernandez** : #TheFutureisFCS