

We've all read reports about the shortage of qualified workers. Employers are repeating the importance of employability skills. Many of the most sought after employability skills are directly linked to social and emotional learning competencies. Let's explore a crosswalk of CDOEs standards and SEL competencies and the seamless connection between the two in CTE programming. After employability skills are directly linked to social and emotional learning competencies.



Let's Talk CTE & SEL, ASAP!

Marla Berlin

Director of College & Career Education

What is SEL?

Social and emotional learning is a process through which children and adults develop the fundamental **skills for life effectiveness**. These are the skills we all need to handle ourselves, our relationships, and our work effectively and ethically.

From: Search Institute. (n.d.). *Positive youth development*.

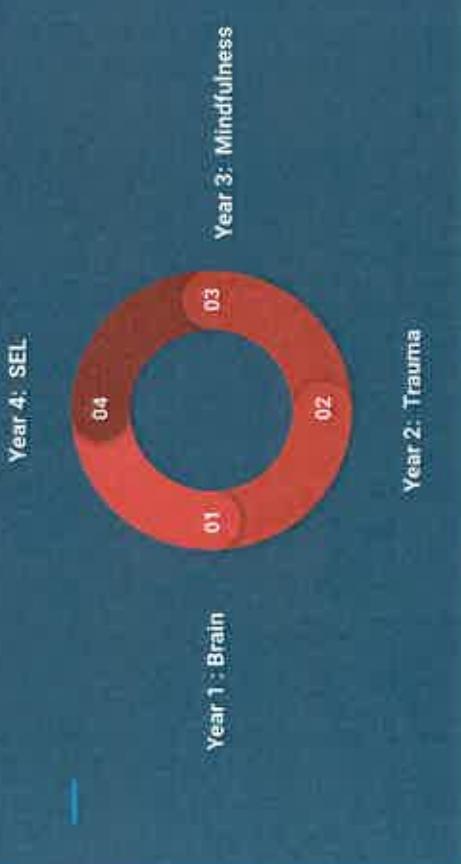
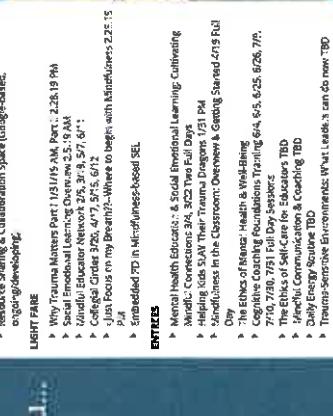
- SEL is the process through which children, youth and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.”

STAR



Citi's SEL Menu

- STANDARDS:**
- ▶ Faculty Meeting Materials for Mindfulness-Based SEL Framework
 - ▶ Monthly Newsletter monthly
 - ▶ Periodic Sharing & Collaboration Space (Google-based, cgs.citibank.com)
- LIGHT TABLE**
- ▶ Who Trauma Matters Part 1 1/31/15 AM, Part 2 2/8, 19 PM
 - ▶ Social Emotional Learning Overview 2,5, 9 AM
 - ▶ Social Emotional Learning Overview 2,5, 9, 27, 6/1
 - ▶ Conflict Resolution 3/26, 4/7, 7/25, 6/2
 - ▶ Who Focus on my Breath? Where to begin with Mindfulness 2/25, 15, 3/1
 - ▶ Stranded PD: Mindfulness-based SEL
- ENTRIES**
- ▶ Who Trauma Matters: A Social Emotional Learning- Cultivating Nordic Corrections 3/4, 3/22 Two Full Days
 - ▶ Helping Kids SAV Their Trauma Diagnose 1/23 PM
 - ▶ Mindfulness in the Classroom: Overview & Creating Standardized Fiji City
 - ▶ The Ethics of Justice - Health & Well-Being
 - ▶ Cognitive Chaining Foundations Training 6/4, 6/5, 6/25, 8/26, 7/7,
 - ▶ The Ethics of Self-care for Educators 1/18
 - ▶ Helpful Communication & Coaching 1/10
 - ▶ Daily Gratitude Journal 1/20
 - ▶ Transforming the Environment With Laptops & can do now 7/20
 - ▶ Mindfulness Approaches In Sales & Tech 1/10
 - ▶ Teamwork that has transformed 1/10
- <http://www.citibank.com/citibank/locations/usa/ny/nyc/branches/1000/1000.html>



NYSED SEL Benchmarks

1. Develop self-awareness and self-management skills essential to success in school and in life.
2. Use social awareness and interpersonal skills to establish and maintain positive relationships.
3. Demonstrate ethical decision-making skills and responsible behaviors in personal, school, and community contexts.

<http://www.p12.nysed.gov/curriculum-standards-and-assessments/standards-and-assessments/standards/standards-for-social-emotional-learning>

Share your thoughts with your elbow partner.

How does this make your feet feel?

What are you grateful for?

Find someone you don't know. This is your new partner.

Take a moment to reflect on...

These are my struggles...

How do we connect this...



With this?



What Employers Want: Why SEL is Critical to Career Success

WHY IS SOCIAL AND EMOTIONAL LEARNING (SEL) ESSENTIAL FOR EMPLOYABILITY?



Improving College and Career Readiness by Incorporating Social and Emotional Learning

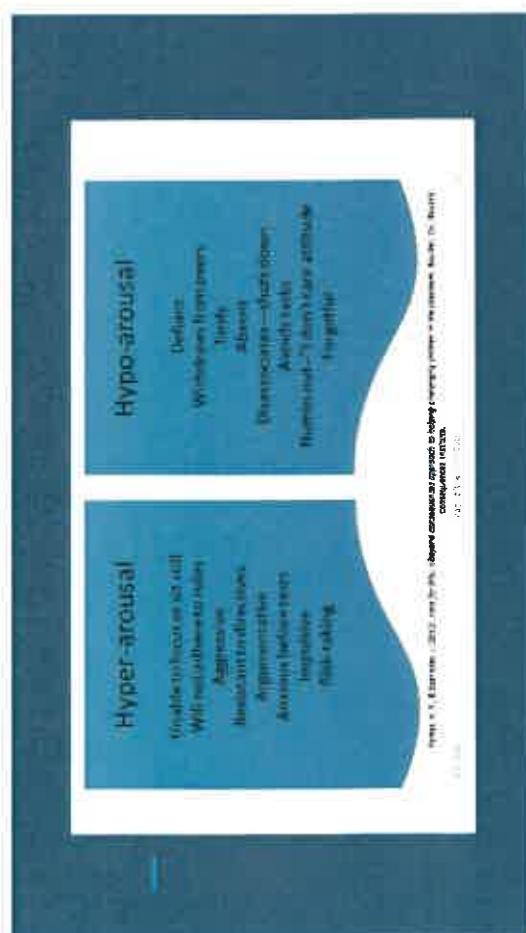
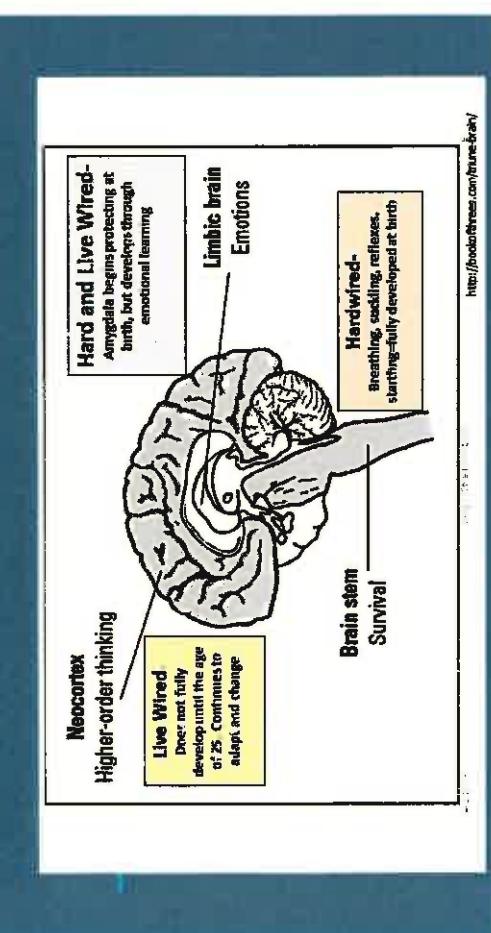
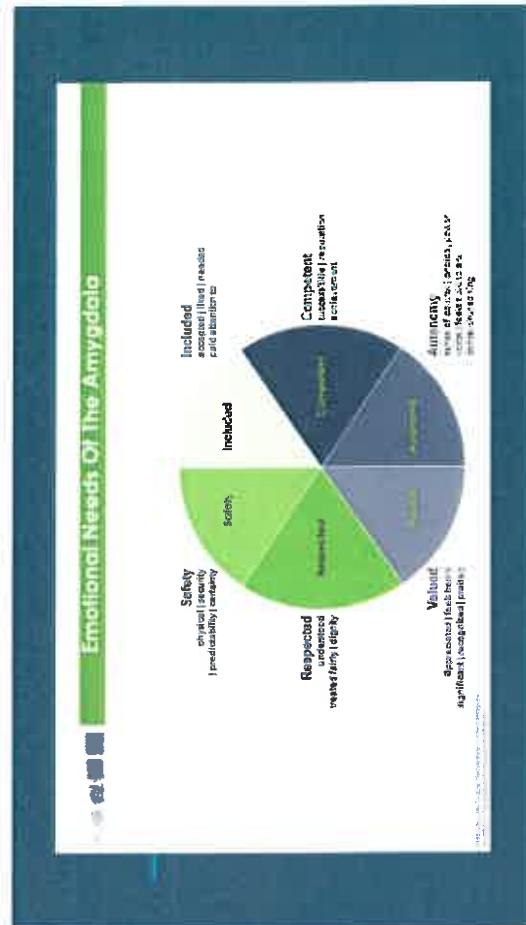
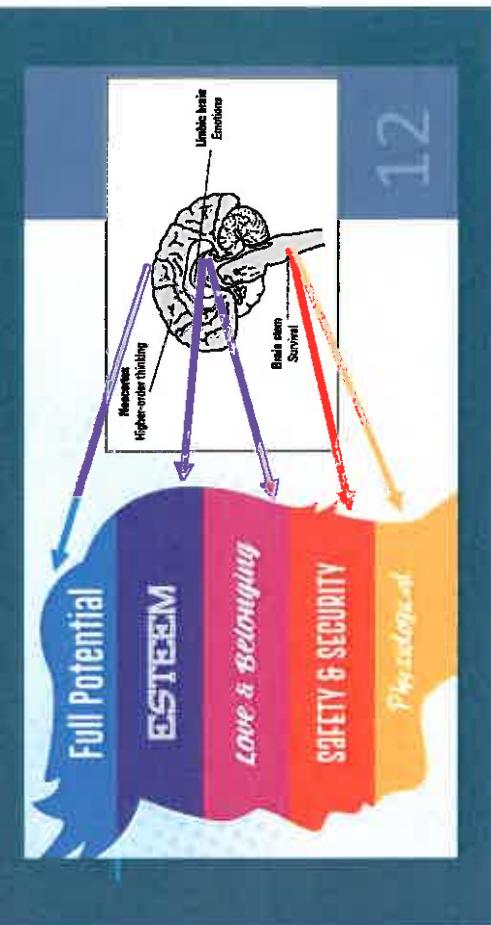


The Growing Link Between SEL and Employability Skills

Monday, April 30, 2018 | By: Jordan Pachanowicz

Let's start with the brain...

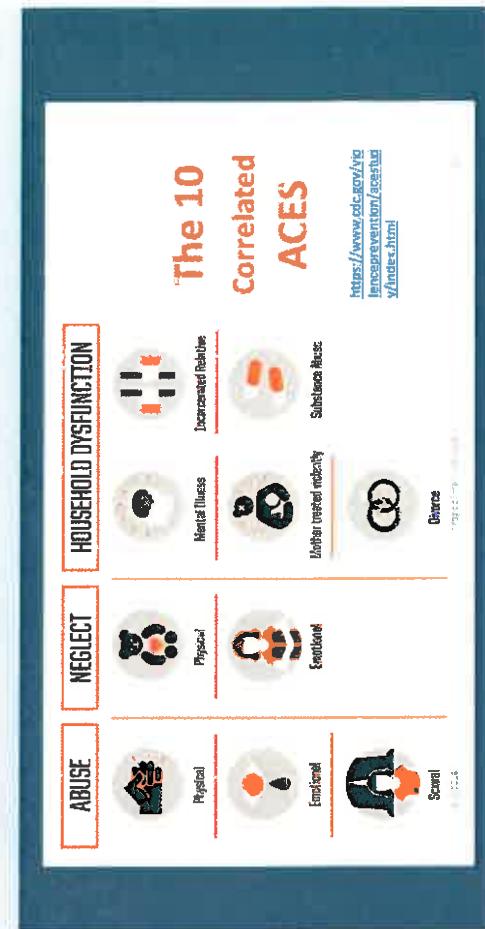
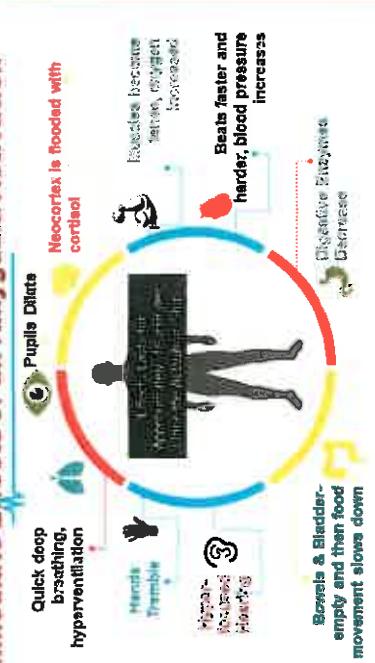






"In teaching, you can do
the Bloom stuff until you
take care of the Maslow
stuff." Alan E. Beck

Immediate Effects of an Amygdala Activation



Impact of ACEs on School Performance

Children with 3 or more ACEs are nearly 4 times (OR=3.66) more likely to have developmental delays
Children with 4 or more ACEs are 32 times more likely to have behavioral problems in school

Chittagong & Tengnafarneya, 1872. Ex parte C. L. Burchell.

Possible Adult Impacts

BEHAVIOR		PHYSICAL & MENTAL HEALTH			
	Aggression		Muscle aches		Breath issues
	Drug use		ER visits		Stroke
	Abuse		Sudden death		Diabetes
	Smoking		Obesity		Heart disease
	Lack of physical activity		Depression		Alzheimer's
	Isolation		Seizures		Memory loss
	Secretiveness		Chronic pain		Depression
	Career		Fractures		Arthritis

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Good Times Foundation

Your Body Speaks Everything Your Mind Says.



FREEZE

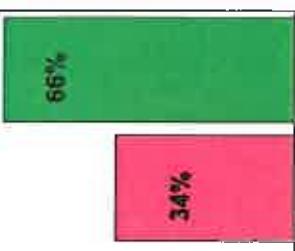
- Exhibiting numbness**
- Refusing to answer**
- Refusing to get needs met**
- Giving a blank look**
- Feeling unable to move or act**

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Acting out	Behaving aggressively	Arguing
Acting silly		
Exhibiting defiance		
Being Hyperactive		
Daydreaming/well		

Eight

Withdrawing	Fleeing the classroom	Sleeping class	Daydreaming	Screaming to sleep	Avoiding others	Hiding or running away
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There's nearly a 2-1 advantage of the potency of environmental influences over genetic ones.

This suggests hope for all children!

(Doherty et al. 1997)

Source: Doherty, K., et al. (1997). Environmental influences on cognitive development. *Journal of Cognition and Development*, 1(1), 1-22.

The Good News Is....
Sustained Positive Environments Have Positive Impact on Brain Health and IQ.



SEL Signature Practice: Engaging Practices

Work Team Assignments

Break Time

Project Based Learning

SEL Signature Practice: Welcoming Practices

Morning Meeting
Town Hall Meeting

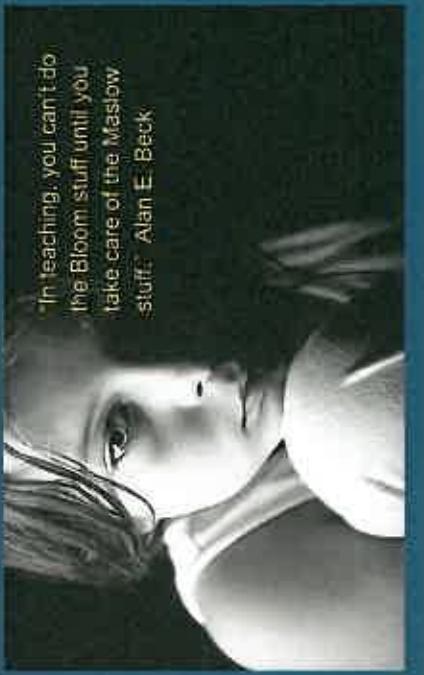
Brigade Toolbox Talk

Tailgate Talks
Roundup Reviews

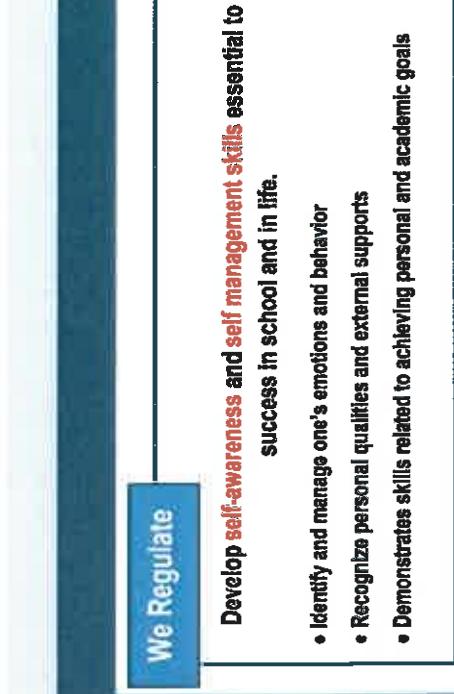
SEL Signature Practice Optimistic Closure



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Framework for a Safe, Supportive School Community



We Regulate: Develop self-awareness and self-management skills essential to success in school and in life.

- Work Plans
- Time Sheets
- Daily Journal
- Career Plan
- Identity Available Resources
- ...

We Connect

- Use social awareness and interpersonal skills to establish and maintain positive relationships.**
- Recognize the feelings and perspectives of others
 - Recognize individual and group similarities and differences.
 - Use communication and social skills to interact effectively with others
 - Demonstrate the ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

We Connect: Use social awareness and interpersonal skills to establish and maintain positive relationships.

- Mock Interviews
- Peer Feedback
- Google Classroom
- Customer Service
- ...

We Lead

- Demonstrate ethical decision-making skills and responsible behaviors in personal, school, and community contexts**
- Consider ethical, safety, and societal factors in making decisions
 - Apply decision-making skills to deal responsibly with daily academic and social situations
 - Contribute to the well-being of one's school and community

We Lead: Demonstrate ethical decision making skills and responsible behaviors in personal, school, and community contexts

- Team Leader
- Project Manager
- CTSOs
- CSHA certification
- ...

How do we support the faculty and staff in embracing SEL?

Is SEL as important as academic learning?

81%
of parents

93%
of teachers

96%
of administrators

said YES ✓

McGraw-Hill Education 2015 SEL and Social Emotional Learning Report

ESSA

"... mandates that states include at least one non-academic indicator within their system to assess student outcomes."

- Establish learning environments and enhance students' effective learning skills that are essential for school readiness and academic success.
- Safe and healthy students
- Mental health programs
- ...

In-School Suspension Room

- What is the purpose?
 - Punishment?
 - Teaching?
 - De-escalation?



Current CITI In-School Suspension Rooms



Proposed Changes:	Paint	Blackboard Wall	Change Lighting	Alternate seating	Plants	Water feature
	A	A	A	A	A	A

Cafeteria



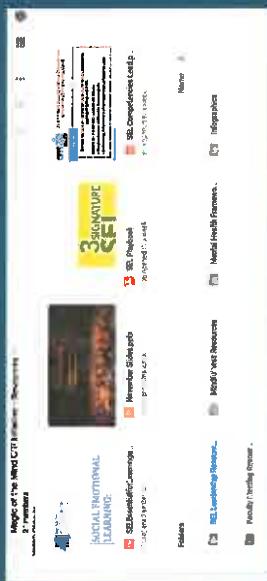
- Lower lighting
 - Games
 - Alternate location
 - Separate schedules

We Connect

Social Awareness Interpersonal Skills

CIT's Instructional Support specialists provide in a Google Drive™

- Powerpoint Activities Articles SED documents

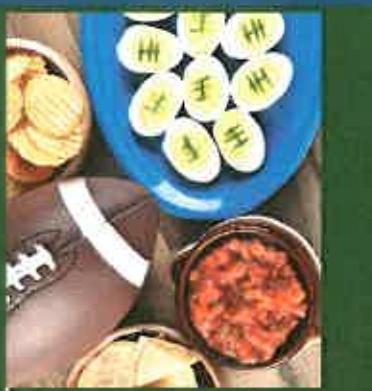


Welcoming Ritual

What is something sweet you are looking forward to this month?

Welcoming Ritual

What is your favorite Super Bowl snack?



Small Things Teachers Can Do Every Day

All of these make more of a difference to students than we typically appreciate

- Use students' names often
 - Establish shared agreements and rules with students
 - Enforce ground rules and agreements consistently with the help of students
 - Model behaviors of respect, caring, self-control, and fair decision-making
 - Be consistent and predictable with A.I.I. students
 - Provide specific feedback verbal or written
 - Use energetic, enthusiastic, and receptive body language and words to convey interest and respect
 - Use a respectful quiet down signal to gain class attention



Small Things Teachers Can Do Every Day

Use students' names often

- Establish shared agreements and rules with students.
 - Enforce group rules and agreements consistently with the help of students.
 - Model behaviors of respect, caring, self-control, and fair decision-making.
 - Be consistent and predictable with ALL students
 - Provide specific feedback: verbal or written
 - Use energetic, enthusiastic, and receptive body language and words to convey interest and respect.



SEL Skills That Are Critical in the Workplace

Forbes magazine published survey results from the National Association of College and Employers on the top 10 skills employers want in graduates. The top 4 are directly related to SEL competencies.

1. Ability to work in a team structure
2. Ability to make decision and solve problems
3. Ability to communicate verbally with people inside and outside an organization
4. Ability to plan, organize and prioritize work

How do we maintain community throughout the school year?

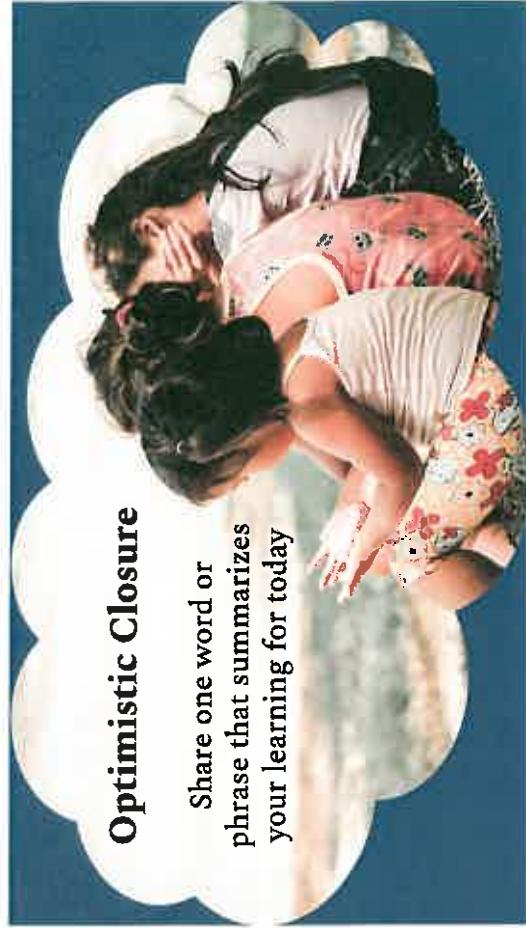
What is your hunch about why this matters?

How do we maintain teamwork throughout the school year?

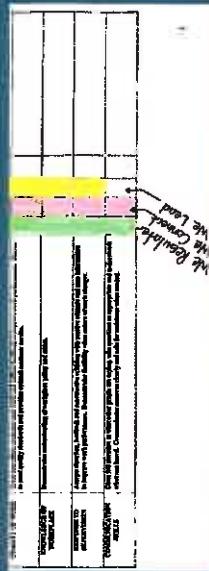
Why does it matter?

Optimistic Closure

Share one word or phrase that summarizes your learning for today



NYS Employability Profile



Optimistic Closure

Share one word or phrase that summarizes your learning for today.



Employability Profile

Response to Supervision

- Accepts direction, feedback and constructive criticism with positive attitude and uses information to improve work performance.

We Regulate, We Connect, We Lead.

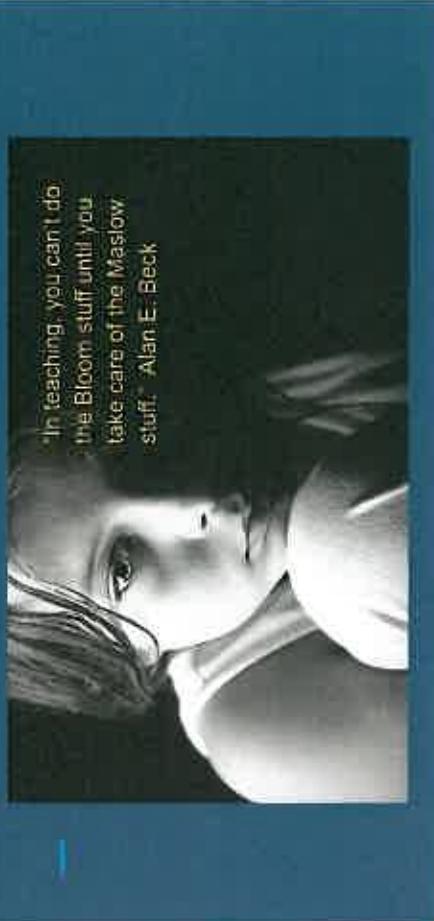
Employability Profile

Health & Safety

- Complies with health and safety rules for specific workplace.

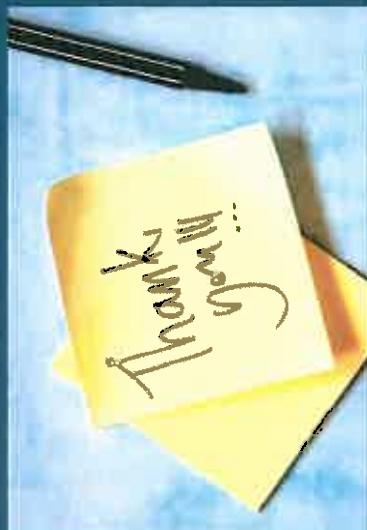
We Regulate, We Connect.

Connections	Inhibiting behaviors relate to self-awareness and self-management skills—self-regulation skills at play when preparing and engaging in an Interview	Interviews—Selling, monitoring, adjusting, and reflecting on personal growth directly overlap
Connections	Self Awareness & Self Management: Identify and manage one's own emotions and behavior	Self Awareness & Self Management: Identify and manage one's own emotions and behavior
Standard 1: Career Development	<ul style="list-style-type: none"> ▪ Identify and manage one's own emotions and behavior ▪ Demonstrate personal qualities and external supports ▪ Demonstrate skills related to achieving personal and academic goals 	<ul style="list-style-type: none"> ▪ Identify and manage one's own emotions and behavior ▪ Demonstrate personal qualities and external supports ▪ Demonstrate skills related to achieving personal and academic goals
Connections	Students will learn about the changes inherent of the workforce, the value of work to society, and the connection of work to the achievement of personal goals.	<p>I CAN:</p> <ul style="list-style-type: none"> ▪ Analyze how thoughts and emotions affect decision making and decisionable items. ▪ Evaluate how interests and career choices are built on individual strengths and weaknesses. ▪ Identify areas for improvement.
Standard 1: Career Development	Students will be informed about the world of work explore career options, and relate personal skills, aptitudes, and abilities to future career decisions	<ul style="list-style-type: none"> ▪ Re-evaluate long-range personal goals and match them to a career option. ▪ Prepare a personal balance sheet stating an inventory of available resources and experiences needed for successful employment in a career option. ▪ Develop Resources and Options for Exploration. ▪ Demonstrate effective Interviewing techniques. ▪ Design a school-to-work plan.



"In teaching, you can't do
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stuff." Alan E. Beck

A collage of 12 small photographs arranged in a grid, each showing a different student or group of students in various school settings like classrooms and hallways.



Five + 1 Core Social Emotional Competencies Embedded within NYS SEL Goals

We Regulate

Develop **self-awareness** and **self management skills** essential to success in school and in life.

- Identify and manage one's emotions and behavior
- Recognize personal qualities and external supports
- Demonstrates skills related to achieving personal and academic goals

We Connect

Use **social awareness** and **interpersonal skills** to establish and maintain positive relationships.

- Recognize the feelings and perspectives of others
- Recognize individual and group similarities and differences.
- Use communication and social skills to interact effectively with others
- Demonstrate the ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

We Lead

Demonstrate **ethical decision-making skills** and **responsible behaviors** in personal, school, and community contexts

- Consider ethical, safety, and societal factors in making decisions
- Apply decision-making skills to deal responsibly with daily academic and social situations
- Contribute to the well-being of one's school and community

Attachment 4

EMPLOYABILITY PROFILE

Student Name:	Identification Number:	School Name:
Type of Work-based Learning Experience(s):	Worksite Name/Location(s):	Description of Experience(s)
EVALUATION GRADING SCALE: General Key		
Unsatisfactory (1)	Needs Improvement (2)	Meets Expectations (3)
Not yet demonstrating the skills required for the position and needs to have a formal plan for improving skills. Needs additional training.	Inconsistently demonstrates the skills needed for the position. Further development is needed.	Demonstrates the skills required for the position with rare exceptions, and shows initiative in improving skills.
PERFORMANCE SKILLS	ATTENDANCE	PERFORMANCE EXPECTATIONS
Understands work expectations for attendance and adheres to them. Notifies supervisor in advance in case of absence.	Understands work expectations for punctuality. Arrives on time for work, takes and returns from breaks on time and calls supervisor prior to being late.	1 2 3 4
PUNCTUALITY	WORKPLACE APPEARANCE	COMMENTS: STUDENT WORK READINESS SKILLS
Dresses appropriately for the position and duties. Practices personal hygiene appropriate for position and duties.	Participates fully in task or project from initiation to completion. Initiates interactions with supervisor for the next task upon completion of previous one.	
TAKES INITIATIVE	QUALITY OF WORK	
Gives best effort, evaluates own work and utilizes feedback to improve work performance. Strives to meet quality standards and provides optimal customer service.	Demonstrates understanding of workplace policy and ethics.	
KNOWLEDGE OF WORKPLACE	RESPONSE TO SUPERVISION	
Accepts direction, feedback and constructive criticism with positive attitude and uses information to improve work performance. Demonstrates flexibility when nature of work changes.	Gives full attention to what other people are saying, asks questions as appropriate and understands what was heard. Communicates concerns clearly and asks for assistance when needed.	A ↑
COMMUNICATION SKILLS		

We Regulate
We Connect
We Lead

Attachment 4

PERFORMANCE SKILLS	PERFORMANCE EXPECTATIONS	COMMENTS: STUDENT WORK READINESS SKILLS			
		1	2	3	4
SOLVES PROBLEMS and MAKES DECISIONS	Identifies the nature of the problem, evaluates various ways of solving the problem and selects the best alternative.				
COOPERATES WITH OTHERS	Interacts and communicates with others in a friendly and courteous way. Shows respect for others' ideas, opinions and racial and cultural diversity. Effectively works as a member of a team.				
RESOLVES CONFLICT	Identifies the source of conflict, suggests options to resolve it and helps parties reach a mutually satisfactory agreement.				
OBSERVES CRITICALLY	Carefully attends to visual sources of information. Evaluates the information for accuracy, bias and usefulness. Develops a clear understanding of the information.				
TAKES RESPONSIBILITY FOR LEARNING	Identifies one's strengths and weaknesses. Sets goals for learning. Identifies and pursues opportunities for learning. Monitors one's progress toward achieving these goals.				
READS WITH UNDERSTANDING	Reads print materials in a variety of formats (signs, books, instruction sheets, forms, charts, etc.) to locate, understand, apply and manage information they contain.				
SOLVES PROBLEMS USING MATH	Works with mathematical information (numbers, symbols, etc.), procedures, and tools and applies skills to answer a question, solve a problem, verify the reasonableness of results, make a prediction or carry out a task that has mathematical dimensions.				
HEALTH AND SAFETY	Complies with health and safety rules for specific workplace.				
TECHNOLOGY	Uses job-related tools, technologies and materials appropriately.				
ADDITIONAL INFORMATION					
Based on your knowledge of this student, how would you rate his/her overall work performance?					
OTHER WORK-RELATED (JOB SPECIFIC) TECHNICAL SKILLS; STRENGTHS and/or ACADEMIC ACHIEVEMENTS					
Signature of reviewer:		Print name:		Review date:	



Safety Brief Series

Safety Brief - 2015-1
Updated—2018

How to Conduct a Tailgate Talk

Use T2 Tailgate Talks as guides to help you conduct 10-15 minute tailgate training sessions for your crew.

The Concept

A tailgate talk is a short informational meeting held with employees to discuss a worksite related safety topic. The term *tailgate meeting* comes from the practice of meeting around the tailgate of a pickup truck on site. The goal of the tailgate talk is to inform employees of specific hazards associated with a task and the safe way to do a job. Tailgate talks also serve as reminders to employees of what they already know while establishing the supervisor's credibility and conscientiousness about his/her responsibilities for safety.

Tips for Running Successful Tailgate Talks

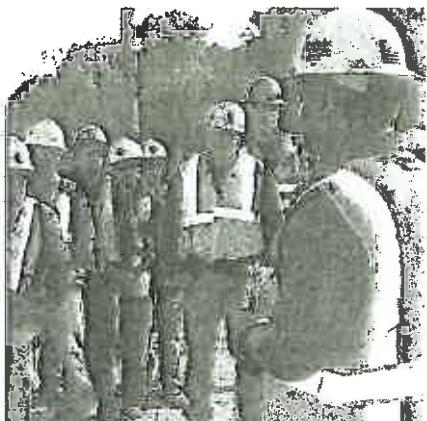
- Keep them brief. Ten to 15 minutes is an ideal amount of time for a tailgate talk.
- Keep them specific. Tailgate meetings must address specific hazards or safe workplace practices that relate to the job and/or work the employees are actually performing.
- Keep them relevant. Meetings should draw on the experience of employees and utilize that experience to remind them of the dangers of particular construction processes, tools, equipment and materials.
- Limit sessions to a small number of workers. Six to ten is a good number.
- Always give workers an opportunity to ask questions at the end of the tailgate talk. Don't make snide remarks to employees who do ask questions, as this will discourage others from asking questions later.
- Conduct tailgate talk training sessions an average of once a week. Dedicate a specific time for the training. Hold sessions early in the week, but not on Monday mornings. Choose a quiet spot that is comfortable for your workers.
- Keep a short record of what topic was discussed, when, and which employees were present so you can avoid repetition and maximize the impact of the talks.
- Practice what you preach. Nothing makes a trainer lose credibility faster than to have a worker see him/her doing something that violates the safety procedures that were covered in a previous tailgate talk. Always set a good example.
- Remember to always just KISS (Keep it Simple for Safety).

Prepare Your Presentation

- Present one topic per session. It is easier for most workers to digest one topic at a time.
- Use topic-related fact sheets like the Tailgate Talks provided by the T2 Center (found at: www.t2center.uconn.edu).
- Look for visual aids (examples: warning signs, a flipchart, an illustration on poster board).
- Photocopy handouts ahead of time.
- Read through the materials the night before.

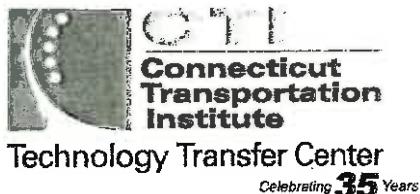
Conduct the Session

- Keep your presentation informal. Hold sessions on employees' turf.
- Limit sessions to no more than 15 minutes to avoid losing employees' attention. Employees are more likely to look forward to shorter sessions.
- Conduct sessions regularly. Consistently held sessions reinforce the importance of safety. Employees are more likely to put concepts into action and constant reinforcement keeps ideas fresh.
- Do not "lecture."
- Do not use words your employees won't understand.
- Use visual aids.
- Involve the workers in discussion of the topic.
- Allow time for questions at the end.
- Have workers sign a sheet showing they were trained and keep it on file.



Basic Training Tips:

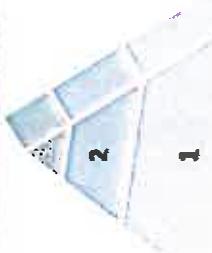
- Be enthusiastic about the topic.
- Don't speak in a monotone voice.
- Don't "spoon-feed" information to trainees. Get them involved.
- Choose topics employees can relate to.
- Set a good example.
- Reward good ideas and safe practices.
- Show you really care.



For more Tailgate Talks, Safety Briefs or more information about the Connecticut Technology Transfer Center, visit us at: www.T2center.uconn.edu

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APPENDIX A: EXAMPLE OF A MULTI-TIERED SYSTEM OF SUPPORTS



Tier 3: Tertiary Interventions - Specialized, individualized, serves high-risk students (1-5% of total population)

Tier 2: Secondary Interventions - Specialized, serves groups with at-risk behaviors (5-15% of total population)

Tier 1: Universal Interventions - School-wide or classroom-wide, serves all students
(Effective for approximately 80% of total population)

SEL		Mental Health Support	Behavioral Supports & Interventions	Restorative Practices	Academic Supports & Interventions/RTI
1	• Directly related instruction in SEL skills • Social and emotional learning (SEL) skills • Practices and interventions	<ul style="list-style-type: none"> • Change in environment • Individualized behavior plan • Adaptive skills • Positive reinforcement • Referrals to mental health services 	<ul style="list-style-type: none"> • Targeted explicit instruction in SEL competencies, strategies, and skills • Practice and coaching with feedback • Peer-to-peer SEL workshops • SEL focused community building circles 	<ul style="list-style-type: none"> • Faculty/staff mentor • Daily Check In/Check Out • Support groups (e.g., anger management, etc.) • Family Engagement • Substance abuse prevention counseling • Referral to services 	<ul style="list-style-type: none"> • Peer Tutoring and Paired Reading • Small group supplemental instruction • Guided instruction • Visual/auditory aids/cues and manipulatives
2	<ul style="list-style-type: none"> • Directly related instruction in SEL skills • Practices and interventions 	<ul style="list-style-type: none"> • Explicit instruction in SEL Competencies • Integration of SEL within the content areas • General teaching practices that model and support SEL • School climate surveys (student, staff, families) • SEL Plan based on survey and other student data • Family engagement 	<ul style="list-style-type: none"> • Mental health education • Mental health screening • Prevention/ Intervention supports (e.g. stress management, wellness, drug/substance abuse/ suicide prevention, etc.) 	<ul style="list-style-type: none"> • Peer Mediation • Restorative Problem-Solving Circles • Formal Restorative Conference • Community service 	<ul style="list-style-type: none"> • Standards-aligned, differentiated, data informed, cross-curricular, culturally responsive instruction • Goal-setting for learning • Student self/peer assessments • Project based learning/ assessments • Family engagement • Responsive discipline policies • Universal Design for Learning • Health Education Coordination
3	<ul style="list-style-type: none"> • Directly related instruction in SEL skills • Practices and interventions 	<ul style="list-style-type: none"> • Trauma-informed approach • Peer education 	<ul style="list-style-type: none"> • Schoolwide Behavioral Expectations • Evidence-based classroom management • Guidance conference(s) • Training of peer educators • Student leadership opportunities • Bullying prevention (i.e., DASA) • Culturally responsive practices • Student government, extracurriculars • Afterschool and summer programs • Community schools • Community service opportunities 	<ul style="list-style-type: none"> • Community Building Circles • Negotiation Skills Training • Peer Mediation • Restorative Circles • Community service • Student circle keeper training • Family Engagement • Responsive discipline policies 	

Adapted from Illinois SS/HS State Growth and Erie 2 BOCES